

SESSION OFFERINGS

THURSDAY, JULY 14

Session One Offerings

→ IDream

Session Two Offerings

→ Let's Play!

Did you know playing can be a form of therapy? Create your own play therapy project to take home as you learn about how counselors, therapists, and child life specialists use arts and crafts to help children.

→ Be Your Own Guide

Learn how to read a compass using both bearings and azimuth codes. Then use your new compass skills to direct you on a journey and solve a riddle about the University of Illinois College of ACES!

→ Create Your Draft

Get the tips and tools to start or continue a blog for the best traction on Google. Learn about connecting with your audience, tags, links, word counts, frequency, and best practices. We'll discuss topic ideas, using photos in posts, calls to action, and how to utilize analytics.

→ Life of Yogurt

Greek yogurt, yogurt with fruit, cream-line yogurt – there's so many different kinds! If you're curious about what their differences are and how to make these products at home, come learn, taste the products, and watch demonstrations from the food microbiology group.

→ The Meat We Eat

Join us to learn more about where your meat products come from, what makes a good steak or chop, and how to best prepare them.

→ The Journey of our Food

In this workshop we will note the crazy journey our food takes to become a product. From animal or plant, to truck, to kitchen, join us as we explore the journey of our food.

Unlocking Ag Innovation ←

The world of agriculture is full of cool things and it gets cooler every day! Learn about how innovation will help the future of agriculture and participate in an escape room, solving puzzles and discovering codes, to help unlock the next step of innovation.

Dare to Dream ←

What are your dreams? After a larger session for all participants, this session will dive deeper to help you connect (or reconnect) to your personal, family and life dreams! We'll try out different tools to help you take steps to be a successful dreamer!

What's Poppin'? ←

Pop over to the Department of Crop Sciences to learn about the official snack food of Illinois: popcorn! Learn where popcorn comes from, why it pops, and enjoy a little bit for yourself.

A-Maize-ing Possibilities ←

You see corn all the time in Illinois, but do you know what all it's used for? You might be surprised by some of our favorite products that are made from processed corn: bioplastic toys, corn-based foods, biodiesel, ooblek, and more!

4-H Project Possibilities ←

From creating a pillow to a hydroponics project, community service and cooking, too! 4-H has endless project possibilities! This session will explore 4-H and include multiple hands-on, make and take projects!

**Subject to change based on registrations and instructor availability.*

SESSION OFFERINGS

FRIDAY, JULY 15

Session Three Offerings

→ It's a Bird's World

Get up close and personal looks at wild birds with mist-netting and banding demonstrations. Learn about the natural history of birds and research techniques used to protect wild bird populations in this outdoor session.

→ Dare to Dream

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→ Airplanes, Pictionary, & Perspectives

Using a paper airplane and a family favorite game of Pictionary, participants will dive deeper into the different perspectives that each one of us has. Join us for an action packed and high-energy session!

→ Campus Tree Hunt

Have you ever wondered how many tree species there are in Illinois? Or maybe you've heard that you shouldn't rip the bark off a tree? Maybe you've wanted to know how to identify different tree species? In this session, we will go on a hunt to answer these questions and peer into the life of trees around campus!

→ Building up Our Goals

While using their imaginations and creativity, participants will be "reaching new heights" to build towers and work within their groups. This high-energy and hands-on experience will allow participants to learn about the importance of goal setting and SMART goals!

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Electric Fruit ←

Join us as we experiment with the power of citrus fruit! These powerful fruits hold natural electrolytes, which can conduct electricity. In this session, participants will create a battery out of fruit and power a lightbulb the same way. Come join this "shocking" session!

A World in our Hands ←

Hold the world in your hands when you make a living terrarium in a jar. Participants in this session will create a self-sustaining ecosystem that will support life and learn about the importance of water quality.

Making Sense of the World of Plants ←

Use your senses to learn more about plants and how they interact with their environment. Not only will you leave this class with a new appreciation for plants, but you'll get to go home with your very own sensory plant.

SESSION OFFERINGS

FRIDAY, JULY 15

Session Four Offerings

→ Let the Good Times "Roll"

Few things taste or smell as good as bread fresh from the oven. Join us as we explore the science of bread and make some to enjoy!

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"Peel" Back the Layers ←

Let's think futuristic about one of the oldest resources on our Earth...soil! Participants will recognize the opportunities and challenges leading to food production in the year 2050. This session is for future producers, critical thinkers, everyday consumers, and everyone in between!

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