



**Session 3**  
**Thursday, July 13**  
**3:30 – 5:00 p.m.**

**#302 Where's the Beef?: Getting to Know Cows Inside and Out \***

Come join us at the University of Illinois Beef Farm and get to know our cows up close and personal. Not only will you get to take a tour but you will also get to stick your arm in a cow and learn all about beef cattle nutrition.

**#305 The Secrets of Sausage \***

Explore the yummy herbs and spices that make sausage so delicious. You will make your own secret recipe and compete against the class to determine who is the best sausage maker.

**#401 Living the Dream \***

What puts a smile on your face? What makes you happy? What's your dream? Join us and explore how your Dreams can help you reach your potential.

**#502 Food Challenge \***

Are you up to the challenge? Work in teams using "mystery ingredients" to develop the most delicious and nutritious dish—in 30 minutes! Learn about food nutrition, safety, and preparation as you create your edible masterpiece. Finish by presenting your dish to a panel of judges who will determine the winner!

**#802 Skulls to Scat: Getting Familiar with Illinois Mammals \***

Immerse yourself in learning about Illinois mammals. From skulls to scat (animal poop), participants will get a hands-on understanding of habitat, diet, and physical structure of many of Illinois' most common mammals.

**#803 Feed the Bees**

Did you know that the U of I Pollinarium is the country's first free-standing science center devoted to flowering plants and their pollinators? Help our pollinators! Make a native-bee house, then suit up and look inside a honey bee hive.

**#804 Youth Fighting Poverty Through Hunger Ambassadors\***

Looking for a way to make a difference? Join us to look at how *you* can help those who live in poverty. No child should be hungry – ever!

\*asterisk = session offered twice